

Bliss Dance Space

2022-2023 Class Schedule

Introductory Classes (Dancers must be the age listed by September 1)			
Wee Move	18 months to 2 years old + an adult	Thursday	6:30 PM-7:00 PM
Tiny Tap	3 & 4 years old	Thursday	4:15 PM-4:30 PM
Creative Movement	3 & 4 years old	Tuesday	4:15 PM-4:45 PM
		Thursday	4:30 PM-5:00 PM
Introduction to Ballet	5 & 6 years old	Tuesday	4:00 PM-4:45 PM
		Thursday	4:30 PM-5:15 PM
		CLASS FULL	Thursday
Introduction to Tap	5-6	Thursday	6:00 PM-6:30 PM

Ballet			
Ballet 1	Age 7 by September 1	Wednesday	4:45 PM-5:45 PM
		Thursday	5:00 PM-6:00 PM
Ballet 2	Placement Students are required to take both days	Tuesday	5:45 PM-7:00 PM
		Friday	5:45 PM-7:00 PM
Ballet 3	Placement Students are required to take both days	Tuesday	5:30 PM-7:00 PM
		Friday	5:00 PM-6:30 PM
Ballet 4	Placement Students are required to take both days	Monday	4:15 PM-5:45 PM
		Thursday	6:30 PM-8:00 PM
Ballet 5	Placement Students are required to take both days	Monday	7:15 PM-8:45 PM
		Wednesday	4:15 PM-5:45 PM

Pointe			
Pre-Pointe	Placement Students are required to take both days	Friday	6:30 PM-7:00 PM
Pointe 4	Placement Students are required to take both days	Monday	5:45 PM-6:15 PM
		Thursday	8:00 PM-8:30 PM
Pointe 5	Placement Students are required to take both days	Monday	8:45 PM-9:15 PM
		Wednesday	5:45 PM-6:15 PM

Modern/Contemporary

Modern/Contemporary 1	Age 7 by September 1	Wednesday	5:45 PM-6:30 PM
Modern/Contemporary 2	Placement	Tuesday	4:45 PM-5:30 PM
Modern/Contemporary 3	Grade 6 OR teacher invite	Friday	4:15 PM-5:00 PM
Modern/Contemporary 4	Grade 9 OR teacher invite	Wednesday	6:30 PM-7:30 PM
Composition 1	For students currently enrolled in at least one level 2 or 3 class (ballet, modern, jazz, tap)	Friday	7:00 PM-7:45 PM
Composition 2	For students currently enrolled in at least two level 4 or 5 classes (ballet, modern, jazz, tap)	Wednesday	7:30 PM-8:30 PM

Jazz

Jazz 1	Age 7 by September 1	Monday	6:00 PM-6:45 PM
Jazz 2	Placement	Monday	6:45 PM-7:30 PM
Jazz 3	Placement	Monday	7:30 PM-8:30 PM
Jazz 4	Placement	Monday	5:00 PM-6:00 PM
Lyrical	Open to students currently enrolled in Jazz 3 & 4	Monday	6:45 PM-7:15 PM

Tap

Tap 1	Age 7 by September 1	Thursday	6:00 PM-6:30 PM
Tap 2	Placement	Tuesday	7:00 PM-7:45 PM
Tap 3	Placement	Tuesday	4:45 PM-5:30 PM
Tap 4	Placement	Friday	5:00 PM-5:45 PM

Conditioning

Tone & Stretch for Dancers	For dancers in Level 3 classes and up	Monday	6:15 PM-6:45 PM
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Adult Classes			
Adult Tap 1	Beginning/Intermediate	Thursday	7:00 PM-7:45 PM
Adult Tap 2	Intermediate/Advanced	Thursday	7:45 PM-8:30 PM
Adult Ballet	All levels	Wednesday	6:15 PM-7:30 PM
Adult Yoga	All levels	Thursday	7:30 AM-8:30 AM